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AFTER SURGERY:

Whether you have dental implant surgery in one stage or multiple stages, you may experience some of the typical discomforts associated with any type of dental surgery. These may include:

- *Swelling of your gums
- *Bruising of your skin and gums
- *Pain at the implant site
- *Minor bleeding

If swelling, discomfort, or any other problem gets worse in the days after surgery, contact your implant surgeon. You may need pain medications or antibiotics.

After each stage of surgery, you may need to eat soft foods for five to seven days. Typically, stitches that dissolve on their own are used. If your stitches are not self-dissolving, your doctor removes them in about 10 days.

Foods to have after Surgery

- Scrambled Eggs with or without Cheese
- Apple Sauce
- Yogurt
- Mashed Potatoes with Gravy
- Ice Cream
- Pasta
- Fish
- Cream of Wheat
- Oatmeal
- Jell-O
- Pudding
- Soup (at room temp)
- Popsicle (broken up to put inside of mouth on site)
- Bananas
- Rice
- Cottage Cheese